

BAGNAN COLLEGE NSS REPORT

ORGANISED BY NSS UNIT- I, II, III

WORLD YOGA DAY

Date: 21-06-2023

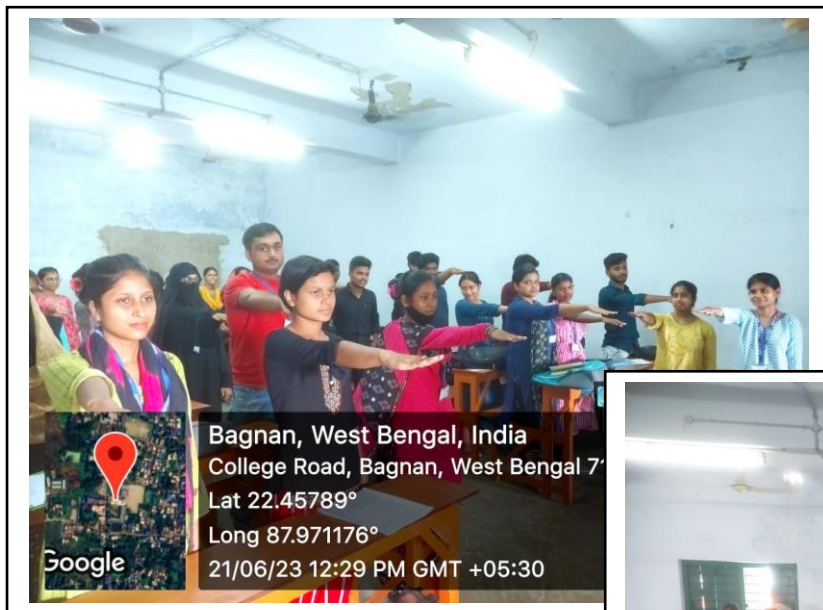
Time:10 am onwards

Student Participated:17

Teachers Participated:01

International Yoga Day, is celebrated annually on June 21 internationally recognized by the United Nations General Assembly on December 11, 2014. Yoga is an ancient physical, mental and spiritual practice that originated in India to join or to unite, symbolizing the union of body and consciousness. The theme "Yoga For Vasudaiva Kutumbakam" was selected for the year 2023. The theme describes the desire for One Earth, One Family and One Future.

In order to observe World Yoga Day NSS Unit 1 volunteers took pledge for adopting yoga in their day-to-day life. The volunteers also took pledge online and received certificate for the same. Some volunteers who had already inculcated the habit of yoga practice raised awareness through yoga poses and shared it to raise curiosity and help other to gain the benefits from it for healthy living.



Ministry of AYUSH | my GO

Integrate and Encourage Yoga through Life

This is to certify that

Sneha Prachya

has taken 'Integrate and Encourage Yoga through Life' pledge on the occasion of 7th International Day of Yoga and committed himself/herself towards making Yoga rooted in individual and familial lives.

5766346292

Ministry of AYUSH | my GO

Integrate and Encourage Yoga through Life

This is to certify that

Prabal Santra

has taken 'Integrate and Encourage Yoga through Life' pledge on the occasion of 7th International Day of Yoga and committed himself/herself to make all sincere efforts towards making Yoga rooted in individual and familial Lives.

Ministry of AYUSH | my GO


Integrate and Encourage Yoga through Life

This is to certify that

Subhyan Kumar Jana

has taken 'Integrate and Encourage Yoga through Life' pledge on the occasion of 7th International Day of Yoga and committed himself/herself towards making Yoga rooted in individual and familial lives.

5342446745



June, 20 2023

Ministry of AYUSH | my GO

Integrate and Encourage Yoga through Life

This is to certify that

Soupiika Ghosh

has taken 'Integrate and Encourage Yoga through Life' pledge on the occasion of 7th International Day of Yoga and committed himself/herself to make all sincere efforts towards making Yoga rooted in individual and familial Lives.

5286523248



June, 20 2023